

Self Defense For Seniors: A Special Self Defense System For Seniors By Ken Boire

By Ken Boire

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Adult Self-Defense . Follow this link for a detailed explanation of this featured section of our website.

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John taught at the JFK Special Warfare School and was the Senior Hand to the Insights staff to bring the Insights system to Self Defense and

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The .38 special is a great round that The majority of ARs will already be equipped with a rail system, For self defense situations you need to be able to

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Larry Null Dill is the author of Self Defense for Seniors (2.00 avg rating, 2 ratings, 0 reviews, published 2014)

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The Self-Defense for Seniors book by author Ken Boire Boire developed Self Defense for Seniors largely on to provide a self defense system

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